

Intimate Hygiene Policy Oud Metha Kindergarten

Objective:

This policy aims to ensure that all kindergarten children receive appropriate assistance during intimate hygiene moments, in a safe and respectful environment. It outlines the procedures and guidelines that staff must follow when assisting children with toileting, with a focus on their physical and emotional well-being.

Scope:

This policy applies to all staff involved in the intimate hygiene of kindergarten children: primarily classroom assistants, as well as school life assistants, teachers, APS staff members, and the school nurse when needed.

Key Principles :

1. **Respect:**

Children must be treated with respect at all times during toileting. Staff should use appropriate language, ensuring the child feels comfortable and safe.

2. **Privacy:**

When assisting children with toileting, staff must respect the child's privacy by shielding them from outside view whenever possible. Assistance should only be provided when necessary.

3. **Safety:**

The toileting environment must be safe for the child. This includes maintaining hygiene standards, using child-appropriate equipment, and ensuring the child's physical safety.

4. **Hygiene and Independence:**

Children should be encouraged to wash their hands after using the toilet. Staff must assist when needed while also fostering the child's independence. Children should be guided to develop self-care skills and autonomy in hygiene matters. While support is available when required, independence should be promoted whenever possible.

5. **Managing Accidents:**

If a child has an accident, staff must reassure the child, help them change quickly, and ensure their comfort. Parents must be informed of any such incident.

Procedure for Assisting with Toileting:

- Ask the child if they need help.
- Assist them if they agree, or explain how to proceed to ensure their hygiene.

